Dear Monmia Families,

It’s been a whirlwind of activities in the last two weeks with Prep tours, the Engaging with Place Playgroup starting last Tuesday, the Carnivale meeting and our NSW visitors attending Monmia last Thursday. And of course in the midst of it all we had the Year 5/6 Camp. The campers had a wonderful time as attested by the Tweets and photos on our Twitter account. Thank you to Natalija Caridi, Tan Ly, Natalie Creasey, Ros Breils and Mark Mandato for ensuring that the Phillip Island camp was a safe and exciting experience for our Year 5/6 students.

GREAT THINGS I NOTICED DURING THE WEEK
1. School Choir were wonderful leading the school in the singing of the national anthem and the school song at the first assembly for Term 2. Thank you to Mrs Ward and her school choir.
2. A great group of parents who came to the Carnivale Planning Meeting. Some wonderful ideas are being organised for this event to be a success. Don’t forget the date **Sunday 16 October 2016**.
3. Prospective Prep 2017 parents were very impressed with our school environment and the learning happening in classrooms during the school tours on Tuesday.
4. NSW educational leaders who visited our school were so impressed with our school, our journey and what they saw in each and every learning space. One said, "I am going away so inspired, thank you so much for sharing your amazing school. Your vision is so amazing." Another said, "Thank you for sharing your school with such honesty. Loved being able to see different spaces and asked lots of questions." And another one, "What a wonderful experience. A truly amazing school and leadership team. Thanks for sharing."

RESTORATIVE PRACTICES
Each month Adam Voigt, our Real Schools partner provides us with resources for teachers to use, read and apply to their classroom practice. These Teacher Practice articles are also helpful for parents/guardians. I am attaching the article on “Working to a Deadline”. As adults we are very aware of deadlines in our own working or family lives. This article discusses three familiar terms which your children may have shared with you:

1. Get on the Job
2. Stay on the Job
3. Finish the Job

I hope you enjoy reading this article and discussing with your child/children. It may even help you to get them to do some of their chores at home or even homework.

I would like to start a Monmia Café chat on Mondays after assembly with coffee and cake. We could chat about anything parents/guardians wished to discuss related to school or student wellbeing eg Building a Respectful Child. If you are interested in attending please let me know by contacting the school on 9364 1007. Our first one will be on Monday 9 May straight after assembly (9:30 am) and will be held in the Community Room.

Don’t forget to follow us on Twitter: [http://twitter.com/MonmiaPS](http://twitter.com/MonmiaPS)
Vineta Mitrevski and Lucy Vorpasso will be in attendance as well. Our chat will probably go for approximately 45 minutes.

**BLUEARTH-ACTIVE LEADERS**

As you know our 3/4 students and staff have been working with Daniel on being more active. I listened to a podcast this morning that certainly supports this Bluearth initiative and reinforces how all of us should be moving more. Dr Kelly Starrett is a coach, a physical therapist and speaker. In this podcast he explained that when we sit our muscles in our lower body shut off. **One hour at the gym doesn’t make up for sitting all day at work.** He says we need to create a movement rich environment.

Did you know that standing at work increases your focus? Static standing while working isn’t the answer. **You should be standing and walking with your feet straight.** He says we should be making the environment fit our physiology!

So what does this mean for our children in classrooms? He advocates stand up desks for classrooms! He has a charity foundation to get more stand up desks in schools in the US. Many schools there are already using adjustable desks in classrooms.

So the aim for us all is to move around after sitting down at work or at home. For students in classrooms we need to ensure that they are up and moving and not sitting at their tables for lengthy periods of time. Fortunately with our collaborative learning spaces across the school, children can be sitting on the floor (Dr Starrett says it is good to sit on the ground and come up) standing at tables or benches and of course moving from one activity to the other. In cultures where people sit on the ground, eat on the ground and get up and down from these activities have been found to not have as many falls when they are elderly as much as we do in the Western World. If you want to learn more listen to his podcast here: [http://ultimatehealthpodcast.com/dr-kelly-starrett/](http://ultimatehealthpodcast.com/dr-kelly-starrett/)

I have certainly made it my aim to get up and move after working at my desk for lengthy periods of time. Hmmm… I think I may go for a walk around the oval at lunchtime…..

I’ll be interested to hear if you are inspired also.

Warm Regards,

Lorraine Bell

Principal

**2017 PREP ENROLMENTS**

Enrolments for 2017 are now being taken. If you have a child that will be turning 5 before 30 April 2017 and you want to enrol them for Prep, please see Ros or Norma in the office for an enrolment pack.

Parents/Guardians enrolling their child will need to provide their child’s birth certificate or passport as well as their completed immunisation certificate.

Appointments for school tours are available on request and can be booked by calling Norma or Ros in the Office.

If you know of neighbours or relatives living in our area who want to enrol their child/ren for 2015 please ask them to contact the school for an enrolment pack.

To secure a place in our Prep 2017 intake School Council has stipulated a $50 non-refundable deposit. This security will be deducted from the 2017 Resources and Materials Charge.

Enrolments will not be accepted without the deposit or the required certificates.

Confirmation of enrolment will include a gift for each 2017 Prep student of a Book Box and book to start them on their reading adventure!
Working to a deadline.

I have the wonderful privilege to speak with Teachers around Australia about both the immense rewards and the challenges of being a contemporary educator. While there’s a little bit of Pollyanna in us all, the truth is we talk a lot about the challenges. There are an enormous number of accountabilities in being a teacher in 2016 and among the plethora of compliances that come with the gig it never seems that there are quite enough hours in the day.

Time - It’s an interesting and somewhat ethereal concept that seems to be impeding genuine progress far more than it’s enabling it these days. As Teachers, we don’t feel that we have enough of it to achieve the objectives in our programs or to kick off the tasks in our diaries. As for parents, we also bemoan the lack of time they invest wisely in building resilient, empathic young people rather than that they might invest in shopping for iPads or even just - working. And when we think about our students, many of our complaints pertain to time too. They might be prematurely late to class, always wanting it on meaningless online gaming pursuits (why is it exactly that I should care that your class is under threat from guests right at this moment?), failing to use it wisely and also not getting important learning tasks completed by deadlines.

I’d contend that perhaps this looseness we’ve applied to deadlines in recent years that has most contributed to this student disregard for time as a valuable resource or commodity. Many Teachers that I speak to are now bemoaning the inability of their students to adjust their energy levels at all to meet a deadline. They see ‘working’ as a static condition where effort merely needs to be applied but that no consideration is being made to how much effort is required in mode. This needs to change. And while remedial measures can be made with older students who have still not learned to meet a deadline; it’s in our younger classes where the foundational work can be done.

This is where I struggle with the intention of many of our ‘on task’ programs. Quite simply, being ‘on task’ is not enough. Students need to learn the kinds of specific behaviours of rapid task initiation, the capacity to sustain attention through difficulty and then to increase energy for short periods of time to meet a deadline – even if that deadline seems to be arbitrary or unfair.

When it comes to the skills and capabilities of engagement and socialisation I’ve always believed in a simple three step process.

1. Teach it explicitly. Don’t fall for hoping that on task, creativity, conflict resolution or respect can be taught while you teach fractions. After all, you wouldn’t teach verb conjugation while you taught fractions, if it was important, give it the explicit time it deserves.
2. Apply it to something easy. Allow students to see the behaviour in a video or a story, allow them to play a game requiring the capability or to manually the key principles so that they commit some of the thinking to short and long term memory.
3. Apply it to the learning program (or their lives). Use the established language patterns to reinforce the behaviour in academic programs and in the way that they socialise.

Consider a method for teaching ‘on task’ behaviours with these intentions in mind for an early childhood class (or perhaps an older group who should have been taught this earlier in their school experience). Establish a three challenge game – it’s them against you. Only 100% achievement by each group member allows them to win the challenge.

1. Teach students to “Get On The Job”. Emphasize that this is a short challenge and that they have only one minute to do all they need to do to commence work. In this instance, perhaps it could be free drawing – and the students need to cooperate to get the paper, get the pencils and to have commenced drawing. Mantra “Get On The Job” with them in silly voices while they set up.
2. Teach students to “Stay On The Job” using more silly voices. This approximately 20 minute rule – like drawing with your opponent, in green only, including famous people, swapping pictures, swapping seats, debating issues, etc. If a student fails to continue drawing at any stage they collectively lose.
3. Teach students to “Finish The Job” – yay, it’s silly voice time again. This is a 2 minute task, where students must up their intensity and effort briefly. They MUST finish their picture. There will be none of this “Well I was working” or “I was trying honestly”. Life is full of deadlines and sometimes you have to work extra hard to meet them. If there’s a picture rule to be incomplete, then I win.

This test point is critical. No more should we allow students to float along learning to maximise their energy at a mediocre level. Dare I say it about time management… It’s about time that we got a handle on it.

AIMS: This article is for use by member schools of the REAL SCHOOLS Community. It should not be distributed to any individual without a direct relationship to your school community.
Dear Parents and Guardians,

This week, I would like to continue with the Core Values that underpin the Bounce Back Wellbeing and Resilience Program. This week we will look at INTEGRITY.

INTEGRITY

If you have integrity, then you try to act according to your values, morals or principles, even when there is a personal cost to doing so. Integrity is built one day at a time and can’t be mastered over-night. For most of us, building our integrity is something we do over a lifetime. Just when we ‘think we’ve got it’ some challenge or test presents itself. More often than not, we have more work to do!

Our goal, with our children, is to live the example. Show integrity as a way of life – a choice. Behaving with Integrity never goes out of fashion and shapes your true character. At Monmia Primary School we are guided by our community values of: Caring, Honesty, Respect, Acceptance and Friendliness.

Acting with integrity also means:

- Being honest
- Being fair
- Being responsible
- Being loyal

Not everyone tries to achieve a sense of integrity. Some people say that they believe in certain values but they do not act in accordance with those values. Some people have no positive personal values to guide them and are prepared to do anything to get what they want, no matter how wrong or harmful their actions are.

FAMILY ACTIVITY: As a family, draw a grid for each family member and draw how you demonstrate the community values at school and at home.

I hope you have found this article interesting and useful and I look forward to any feedback you might like to share with me.

Warm Regards,

Lucy Vorpasso
Introducing...

Dear Parents and Guardians,

Monmia is a Bucket Filling School!
We fill buckets and we don’t dip!
We use our lid to keep our bucket full and keep the drops in!

I love how the Bucket Fillers Philosophy has been embraced by our school community this year. I know that we can keep filling other people’s buckets and make Monmia Primary School a warm, positive and caring place to be. When we all fill other people’s buckets then all community members benefit from these acts of kindness.

There is so much to acknowledge at Monmia Primary School! Here are some ‘drops’ for you to read.

Remember that when you fill someone else’s bucket, you fill yours as well so keep filling buckets Monmia!

Happy Bucket Filling!

Kind Regards,

Lucy Verpasso

Assistant Principal - Student Engagement and Wellbeing
### Dates from the Diary

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 29th April</td>
<td>1/2 Sleepover</td>
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<tr>
<td>Wed May 4</td>
<td>Mother’s Day Stall</td>
</tr>
<tr>
<td>Tue 10 May</td>
<td>Prep Ambulance Visit</td>
</tr>
<tr>
<td>Tue 10 May</td>
<td>NAPLAN</td>
</tr>
<tr>
<td>Wed 11 May</td>
<td>NAPLAN</td>
</tr>
<tr>
<td>Thur 12 May</td>
<td>NAPLAN</td>
</tr>
<tr>
<td>Wed 18 May To Fri 20 May</td>
<td>3/4 Camp Jungai</td>
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<tr>
<td>Mon 23 May Mon 23-Fri 27 May</td>
<td>Art show</td>
</tr>
<tr>
<td>Tue 31 May</td>
<td>3-6 House Athletics Carnival</td>
</tr>
<tr>
<td>Mon 13 June</td>
<td>Queens Birthday Public Holiday</td>
</tr>
<tr>
<td>Fri Jun 24</td>
<td>Last Day of Term 2 Early dismissal 2.30pm</td>
</tr>
<tr>
<td>Mon Jul 11</td>
<td>First day of Term 3</td>
</tr>
<tr>
<td>Thur Aug 25</td>
<td>Father’s Day Stall</td>
</tr>
<tr>
<td>Fri Sep 16</td>
<td>Last day of Term 3 Early dismissal 2.30pm</td>
</tr>
<tr>
<td></td>
<td>Out Of Uniform Day - Footy Theme</td>
</tr>
<tr>
<td>Mon Oct 3</td>
<td>First day of Term 4</td>
</tr>
<tr>
<td>Sun Oct 16</td>
<td>Monmia Carnival Day</td>
</tr>
<tr>
<td>Tue Dec 20</td>
<td>Last day of school for 2016 Early dismissal 1.30pm</td>
</tr>
</tbody>
</table>

### CanTEEN News

As of the start of this term, Jude Fina Foods, our school canteen provider, will be opening for three days only - **Monday, Wednesday and Friday**. Unfortunately, they are no longer able to provide lunch orders every day. This has been due to a drop in families using this service. Please remember that from next term **there will be no lunch orders on Tuesdays and Thursdays**.

Don’t forget to follow us on Twitter: [http://twitter.com/MonmiaPS](http://twitter.com/MonmiaPS)
Classroom Helpers Program 2016

Monmia Primary School values the assistance of helpers within the classroom to provide support during the delivery of our Literacy and Numeracy programs. Each year a training program is conducted which aims to equip parents/carers with the necessary prompts and questions to support students in their Literacy and Numeracy learning within the classroom setting.

This year the training session for the Classroom Helpers Program will be conducted on **Wednesday May 4th**, beginning at **9:00am sharp** and finishing at **10:00am**.

As part of the training we will be discussing the types of activities that may be part of the program, the procedures involved when assisting in the classroom as well as relevant questioning prompts which support students and encourage them to think about and extend their strategies in Literacy and Numeracy.

If you would like to be involved in providing classroom support it is essential that you attend this training session. Those who do not attend the Classroom Helpers training session can support a classroom teacher for administrative tasks only (making resources).

It is expected that parents/carers who complete the program will commit to working in the classroom as a helper in our Literacy and Numeracy sessions.

The session will be facilitated by our school based Literacy and Numeracy coaches, Natalie Creasey and Dean Squires.

If you would like to attend the Classroom Helpers training program please complete the slip below and return to school as soon as possible.

Regards

Natalie Creasey and Dean Squires
Literacy/Numeracy Coaches

---------------------------------------------

**Classroom Helpers Program 2016**

I will be attending the Classroom Helpers training session on Wednesday 4th May, beginning at 9:00am.

Student name/s:  .................................................................  Class:  ......................

..................................................................................  Class:  ......................

Parent / Guardian name:  .................................................................
The National Assessment Program- Literacy and Numeracy (NAPLAN) is an annual assessment for students in years 3, 5, 7 and 9. It has been an annual event for schools since 2008.

On Tuesday 10, Wednesday 11 and Thursday 12 May, students will undertake the 2016 NAPLAN assessment.

NAPLAN is made up of tests in the four domains of Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy.

NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how individual students are progressing in numeracy and literacy skills against national standards for all Australian children.

All students are encouraged to participate in the tests. Students with a disability may qualify for special provisions that reflect the support normally provided to them in the classroom.

An individual student NAPLAN report will be issued later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern. Keep in mind that NAPLAN tests provide point-in-time information in relation to student performance.

More information is available at www.naplan.edu.au

Below is a timetable indicating the scheduled tests which are undertaken in the morning on the official test dates.

<table>
<thead>
<tr>
<th>Tuesday 10th May</th>
<th>Wednesday 11th May</th>
<th>Thursday 12th May</th>
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<tbody>
<tr>
<td>Yr 3 &amp; 5</td>
<td>Reading</td>
<td>Numeracy</td>
</tr>
<tr>
<td>Language</td>
<td>Yr 3 (45mins)</td>
<td>Yr 3 (45mins)</td>
</tr>
<tr>
<td>Conventions</td>
<td>Yr 5 (50mins)</td>
<td>Yr 5 (50mins)</td>
</tr>
<tr>
<td>(40mins)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Writing (40mins)</td>
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</tbody>
</table>

Please avoid making appointments for your child or children during the above dates if your child is a year 3 or year 5 student.

Vineta Mitrevski
Assistant Principal
**STUDENT OF THE WEEK**

PRA  **Megan O** - for practising her reading and always trying her best to learn new things at school.

PRB  **Yash L** - for using his sounds to help him read and write! You are a super learner, keep up the good work Yash.

1/2A  **Christian S** - for making a great start to his new school.

1/2B  **Talisha N** - for always showing fairness to others. You are a great friend to everyone!

1/2C  **Rafael A** - for always staying on the job and finishing the job! You always put in a wonderful effort.

1/2D  **Ethan R** - for sharing what he visualised when reading Fantastic Mr Fox. Fantastic effort too!

3/4A  **Kim D** - for trying her best and developing a deep understanding in renaming subtraction equations.

3/4B  **John P** - for working really well during classtime. Well done John on choosing good learning buddies

3/4C  **Shahid A** - for speaking with such confidence and enthusiasm as our VIP! Great stories Shahid!

3/4D  **Abdul A** - for displaying such a mature positive attitude on returning to school after his long holiday overseas.

5/6A  **Brandon Ho** - for your efforts on our excursion to VSSEC! Keep up the great work!

5/6C  **Tommy V** - for your positivity, responsibility and enthusiasm during our camp in Phillip Island.

5/6D  **Ella K** - for being an enthusiastic learner who is always willing to give things a go. Well done Ella and keep up the fantastic work.

Languages  **Iyush N PRB** - for showing excellent Japanese hiragana writing skills and focussing on the task.

P.E.  **Milan Z** - for always giving his best effort during Physical Education classes.
College Tours

Guided tours of the College take place each Wednesday morning at 9.30am and are a great way to familiarise yourself with the College’s facilities, environment and culture. The tours are approximately an hour long and take place during class time so that you can see our students and teachers in action. This is also an opportunity for parents and students to ask questions.

Each year, tours of the College are also conducted to coincide with the Year 7 Transition Program and Parents/Guardians of prospective students in Grade 5 and 6 are invited to attend. Please note that these tours are Year 7 specific and run from March to May.

Parent Tours of College:

- Wednesday April 20th 9.30am – 11.00am
- Wednesday April 27th 9.30am – 11.00am
- Wednesday May 4th 9.30am – 11.00am
- Wednesday May 18th 9.30am – 11.00am

Other Parent Tours of the College are available on request only. Parents need to confirm if they would like a tour outside the above dates.
To be accepted into this special program, students must complete and return a registration form, and achieve a high standard in the formal SEAL examination.

Compulsory SEAL exam on Saturday 7th May

Registration forms and information are available from the College website www.kdc.vic.edu.au or call 03 9365 8000
St ALBANS
SECONDARY COLLEGE
Celebrating 60 Years
1956 - 2016

Celebration Dinner
Saturday June 11th
Moonee Valley
Race Course
6.30pm - midnight
3 Course Meal
Beer, Wine & Soft Drink
Please book tickets by the end of May

Open Day
Sunday June 12th
St Albans
Secondary College
11am - 3pm
Decade Themed Displays, Memorabilia,
Guided Tours & much more

Celebration Dinner tickets on sale now at
www.sasc60thcelebration.eventbrite.com.au
For more information call us on 9366 2555

Leadership  Excellence  Integrity  Respect
A NOTICE REGARDING THE COST OF AWAY GAMES HAS BEEN SENT PARENTS. PLEASE ENSURE YOU HAVE PAID THE $30 FOR YOUR CHILD TO PARTICIPATE.

Sports: Soccer, Netball, Bat Tennis and Teeball

FRIDAY 15/04   VS MARY MACKILLOP (AWAY)
Netball and Hot Shots at St Mary Mackillop Catholic Primary School
Teeball at Keilor Views Primary School
Soccer at Green Gully Reserve

FRIDAY 22/04   BYE

FRIDAY 29/04   VS KEILOR (AWAY)

FRIDAY 06/05   VS HILLSIDE (HOME)
All sports at Keilor Primary School

FRIDAY 13/05   VS CANA (AWAY)
All sports at Cana Catholic Primary School

FRIDAY 20/05   GRAND FINALS
MONMIA FAMILY &
FRIENDS

Next meeting
Friday 13th May
2.00pm
Community Room

President
Kirsty Curwood
kirstycurwood@bigpond.com

Secretary
Diana Masalkovski
todiana81@hotmail.com

Treasurer
Tracy Alexopoulos
tracyalex75@gmail.com

MOTHERS DAY

Coming up we have our annual Mothers Day stall which is due to take place on Wednesday 4th April. This is a great opportunity for the students to buy a beautiful gift or two for the special lady in their life. Each item will cost no more than $6.00 and your child is welcome to buy more than one item. Please make sure your child brings a plastic bag on the day to put their items in.

Feel free to come along if you have some free time to help out at our stall. The stall will be in the Community Room from 9am onwards. All are welcome.

HELPERS REQUIRED

In order to prepare for our special Mothers Day stall we will be needing some helpers to come and help out with wrapping our items. This will require wrapping items in cello and tying a ribbon around each one. Wrapping will take place in the Community Room on Monday 2nd May at 9am. Even if you have just a half hour to spare we would greatly appreciate the help.

Join Our Team

If you are wanting to join our Family & Friends committee please do not hesitate to contact any of the above mentioned committee members via email or phone for more details or you can see Norma or Ros at the front office to get one of our membership forms.

Have a great week.
**Primary Music Institute**

**Instrumental Music Lessons - Small Group And Private Lessons**

- Enrol TODAY – via PMI's website OR enrolment forms available from the school front office
- Lessons are held once per week on school campus – with lessons during and outside of school hours
- Only $13.50 per child per small group lesson (typically 3-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons also available ($32.50 per child for 30 minutes)
- Learning plan for all students via “PMI Stars” program – structured objectives with progress visibility
- PMI teachers supply keyboards and textbooks for keyboard lessons
- Ten minutes per day of practice at home is all that is required to see improvement!
- Instrumental music can improve your child’s school results – including for reading, maths, coordination
- Limited spaces are available so please enrol ASAP

**P:** 1300 362 824  **E:** admin@primarymusicinstitute.com.au  **www.primarymusicinstitute.com.au**

Vicki

Mobile 0417105648

Do you need pants taken up or school uniforms I can do that for you, I charge $15, school skirts if pleated will be more.

I also provide an ironing service for busy mums I can charge per item or $35 to $40 per basket, I will also pick up and deliver local area, my phone number is above feel free to call me ,

vicki
Exciting new Term 2 rewards with an Outback Savers theme are now available, while stocks last!

For every deposit made at school, no matter how big or small, students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for exclusive School Banking reward items in recognition of their regular savings habits. There are 2 new items released each term so be sure to keep an eye out for them.

If your children are not currently involved in the School Banking program and you would like to know more, please ask for a 2016 School Banking program information pack from the school office.
Thank you for supporting the School Banking program and don’t forget that THURSDAY is School Banking day!